

Final, 2009 UWIC, CARDIFF
Saturday 28 February 2009

Men's 60 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 Rion PIERRE	Team London North	6.74	9.75		1
2 Tom MARTIN	Team Manchester	6.81	7.00		2
3 Ryan OSWALD	Team Edinburgh	6.93	7.16		1
4 Keiren SHOWLER DAVIS	Team Bristol	7.01	5.00		2
5 Leroy SLUE	Team London South	7.01	4.00		2
6 James CHRISTIE	**Team London North ACE**	7.02	4.88		1
7 Liam DUFF	Team Cardiff	7.05	3.00		2
8 Bradley WILLIAMS	Team Sheffield	7.08	2.69		1
9 Luke GIBLIN	Team Newcastle	7.26	1.13		1

Men's 200 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 Ryan OSWALD	Team Edinburgh	22.16	9.09		3
2 Paul JUDSON	Team Sheffield	22.46	7.79		2
3 Mark BERRIDGE	Team Bristol	22.51	6.74		1
4 Dan PUTNAM	Team London South	22.60	5.65		2
5 Tom O'BRIEN	Team Manchester	22.70	5.55		3
6 Tom KNIGHT	Team Cardiff	22.78	3.47		1
7 Luke GIBLIN	Team Newcastle	22.91	2.34		2
8 Luke STOTT	Team London North	23.59	1.00		3

Men's 400 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 Mark BROWN	Team London North	47.98	9.60		4
2 Steve GREEN	**Team Bristol ACE**	48.60	8.32		4
3 Tom DRUCE	Team Bristol	48.64	8.30		2
4 Rhys SMITH	Team Sheffield	48.68	7.28		3
5 John KELLEY	**Team Sheffield ACE**	48.82	7.22		2
6 Dan PUTNAM	**Team London South ACE**	49.69	5.82		3
7 Andy WILKINSON	Team Manchester	50.06	5.65		3
8 Nathan FELVUS	Team Cardiff	50.43	4.49		1
9 Nick PHELPS	Team Newcastle	50.99	4.23		2
10 Gareth LAMB	Team Edinburgh	53.21	2.00		1



Supporting

Indoor CITY
CHALLENGEFinal, 2009 UWIC, CARDIFF
Saturday 28 February 2009**Men's 800 Metres**

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Tom MARLEY	Team Bristol	01:52.88	10.41	
2 Chris BRYANT	Team Manchester	01:53.03	9.38	
3 Nick SAMUELS	Team Sheffield	01:53.06	7.37	
4 Jonathan BUTLER	Team Cardiff	01:53.30	7.33	
5 Dean GOODMAN	Team London North	01:53.36	5.32	
6 Robbie SCHOFIELD	**Team Manchester ACE**	01:54.01	5.19	
7 Gary SMITH	Team Edinburgh	01:55.69	3.87	
8 Jamie McCULLOCH	Team London South	01:56.77	2.66	
9 Richard MORRELL	Team Newcastle	01:57.71	1.48	

Men's 1500 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Jon TAYLOR	Team Newcastle	03:48.09	10.70	
2 Bruce RAESIDE	Team Sheffield	03:48.53	9.66	
3 James MILLS	Team Cardiff	03:50.97	7.48	
4 Ieuan THOMAS	**Team Cardiff ACE**	03:52.21	6.00	
5 Ross CLARKE	Team London North	03:52.42	7.37	
6 Stephen BROADHURST	Team Manchester	03:55.89	6.11	
7 Dougie SELMAN	**Team Edinburgh ACE**	03:58.69	3.50	sb
8 Sam WALSH	Team Bristol	04:01.60	3.67	
9 David BOYCE	Team London South	04:11.41	3.00	

Men's 60 Metres Hurdles

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 William SHARMAN	Team Cardiff	7.79	9.98		
2 Gianni FRANKIS	Team London North	7.82	8.92		
3 Lawrence CLARKE	Team Bristol	7.95	8.67		pb
4 Matt HUDSON	Team Sheffield	8.06	6.46		
5 Rob HENRY	**Team Newcastle ACE**	8.27	5.06		
6 Paul WHITTLE	Team Manchester	8.46	4.69		
7 Suote NYANANYO	Team Newcastle	8.47	3.67		
8 Ryan DINHAM	Team London South	8.48	2.65		
9 Nick HOBDAY	Team Edinburgh	9.51	1.00		



Supporting

Indoor CITY
CHALLENGEFinal, 2009 UWIC, CARDIFF
Saturday 28 February 2009**Men's Long Jump**

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Jude BEIMERS	**Team Edinburgh ACE**	7.35	9.31	
2 Andre FERNANDEZ	Team London North	7.23	9.16	
3 Steve SMALL	Team Sheffield	6.96	7.83	
4 Kevin SEMPERS	Team Newcastle	6.94	6.80	
5 Andrew BURGESS	**Team Manchester ACE**	6.89	5.74	
6 Julian GOLLEY	**Team London North ACE**	6.56	6.33	
7 Charlie DRYDEN	**Team Newcastle ACE**	6.37	6.09	
8 Tom KIVELL	Team Cardiff	6.36	5.08	
9 James HARDY	Team Manchester	5.990001	4.00	

Men's Triple Jump

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Julian GOLLEY	Team London North	15.82	10.73	
2 Ade BABATUNDE	Team Newcastle	14.80	9.17	
3 Kola ADEDOYIN	Team London South	14.60	7.06	
4 David BUDD	Team Sheffield	14.60	6.06	
5 Anthony MATTIS	Team Bristol	14.05	4.75	
6 James HARDY	Team Manchester	13.91	3.67	
7 Tom KIVELL	Team Cardiff	13.61	2.51	

Men's High Jump

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Darryl STONE	Team London North	2.14	9.60	
2 Martin LLOYD	Team London South	2.14	8.60	
3 Darren HAMMOND	Team Manchester	2.03	7.05	
4 Ben MOURBEY	Team Sheffield	2.03	6.05	
5 Joel HARRISON	Team Newcastle	1.98	5.30	sb
6 Jason FOX	Team Bristol	1.93	3.55	
7 David GUEST	Team Cardiff	1.93	2.55	

Men's Pole Vault

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Luke CUTTS	Team Sheffield	5.05	9.64	
2 Richard HURREN	Team Edinburgh	4.85	8.45	
3 Michael READ	Team London North	4.55	8.18	
4 Matt CULLEN	Team Manchester	4.40	6.05	
4 Cameron WALKER SHEPPERD	**Team Bristol ACE**	4.40	6.05	
6 Jonathan MURRAY	Team Cardiff	4.00	4.68	
7 Nick MOORE	Team London South	3.80	3.50	
8 Craig BAKER	**Team London South ACE**	3.60	3.32	
9 Liam HOLIDAY	Team Newcastle	3.60	3.32	



Supporting

Indoor CITY
CHALLENGEFinal, 2009 UWIC, CARDIFF
Saturday 28 February 2009**Men's Shot**

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Kieran KELLY	**Team Sheffield ACE**	18.54	11.89	
2 Scott THOMPSON	Team Edinburgh	15.78	9.20	
3 Ryan SPENCER JONES	Team Cardiff	15.5	8.13	
4 Brett MORSE	**Team Cardiff ACE**	14.97	7.99	
5 Jamie WILLIAMSON	Team Sheffield	14.96	6.99	
6 Roger SKEDD	Team London North	13.87	5.72	
7 John TWIDDLE	Team Newcastle	12.52	4.38	

Women's 60 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 Annabelle LEWIS	Team Newcastle	7.53	9.41		2
2 Bernice WILSON	**Team Newcastle ACE**	7.55	10.35		1
3 Louise WOOD	**Team London North ACE**	7.62	7.00		2
4 Emma BAILEY	**Team Sheffield ACE**	7.64	8.09		1
5 Katherine ENDACOTT	Team Bristol	7.66	8.03		2
6 Nadia WILLIAMS	Team London North	7.71	6.88		2
7 Louise BLOOR	Team Sheffield	7.72	5.85		1
8 Emily SHAW	Team Manchester	7.84	4.50		1
9 Rebecca WILLIAMS	Team Cardiff	7.99	4.06		1
10 Jane SCOTT	Team Edinburgh	8.41	2.00		1
11 Jodie FAVELL	Team London South	8.52	1.00		2

Women's 200 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 Stacey DOWNIE	Team Edinburgh	24.76	10.31	pb	3
2 Emily DIAMOND	Team Bristol	24.97	8.16		2
3 Emma BAILEY	Team Sheffield	25.12	7.06		1
4 Kelly MASSEY	Team Manchester	25.18	6.01		2
5 Rachael GIWA	Team London North	25.21	4.99		1
6 Susan BOVILL	Team London South	25.26	3.96		3
7 Katherine ENDACOTT	**Team Bristol ACE**	25.35	3.90		3
8 Rebecca WILLIAMS	Team Cardiff	25.64	2.69		1
9 Nicola PEARSON	Team Newcastle	26.67	1.00		2



Supporting

Indoor CITY
CHALLENGEFinal, 2009 UWIC, CARDIFF
Saturday 28 February 2009**Women's 400 Metres**

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 Vicky GRIFFITHS	Team Manchester	53.92	10.84		2
2 Jenny MEADOWS	**Team Manchester ACE**	54.33	10.25		3
3 Katie FLOWER	Team Newcastle	57.03	8.13		3
4 Laura MADDOCKS	Team Bristol	57.08	7.11		1
5 Susan BOVILL	Team London South	57.16	6.10		1
6 Lauren BOUCHARD	Team London North	57.22	5.08		4
7 Bryony TURNBULL	Team Cardiff	57.70	3.97		2
8 Rhianne JONES	**Team Cardiff ACE**	57.73	4.46	sb	4
9 Ashleigh KENNEDY	Team Edinburgh	57.78	3.45		2
10 Mikaela HARRISON	Team Sheffield	59.43	2.07	sb	3

Women's 800 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Catherine RILEY	Team Sheffield	02:07.24	9.68	
2 Stacey SMITH	Team Newcastle	02:08.26	8.57	
3 Rebecca SWEENEY	Team Manchester	02:08.86	7.50	
4 Karrie BLAKE	Team Bristol	02:09.13	7.47	
5 Jenny TAN	Team Edinburgh	02:10.77	5.29	
6 Sara LUCK	Team London North	02:11.99	4.66	
7 Laura BROWN	**Team Edinburgh ACE**	02:13.10	5.03	pb
8 Anwen REES	Team Cardiff	02:13.69	2.97	

Women's 1500 Metres

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Harriet SCOTT	Team London North	04:30.96	8.95	
2 Helen SINGLETON	Team Sheffield	04:32.11	7.88	
3 Klachen CHESHIRE	Team Newcastle	04:32.17	6.87	
4 Sarah HOOD	Team Edinburgh	04:35.94	6.64	
5 Laura DUNN	Team Bristol	04:36.15	5.63	
6 Emily BROWN	Team Cardiff	04:46.97	3.50	
7 Becky NUTTALL	Team Manchester	04:53.46	2.00	

Women's 60 Metres Hurdles

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>	<i>Race</i>
1 Zara HOHN	Team Sheffield	8.31	9.85		
2 Helen ASHER	Team Manchester	8.48	8.58		
3 Kylie ROBILLIARD	Team Bristol	8.67	7.78	sb	
4 Lauren DEWDNEY	Team Newcastle	8.82	6.05		
5 Lucy LOUGHER	Team Cardiff	8.87	5.97	pb	
6 Jessica TAPPIN	Team London North	9.23	3.41		
7 Jodie FAVELL	Team London South	9.64	2.00		
8 Jayne NESBIT	Team Edinburgh	9.76	1.00		



Supporting

Indoor CITY
CHALLENGEFinal, 2009 UWIC, CARDIFF
Saturday 28 February 2009**Women's Long Jump**

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Alex RUSSELL	**Team Manchester ACE**	5.70	9.00	
2 Amanda RANGER	Team London North	5.62	8.90	
3 Imogen MILES	Team Cardiff	5.62	7.90	
4 Ashleigh WOOD	Team Newcastle	5.36	7.08	sb
5 Jayne NESBIT	Team Edinburgh	5.30	5.50	
6 Kelly HILTON	Team Manchester	5.22	4.40	
7 Jade ELLAMS	Team Bristol	4.29	3.00	
8 Leanne SPOONER	Team Sheffield	3.42	2.00	

Women's Triple Jump

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Nadia WILLIAMS	Team London North	12.54	9.40	
2 Sara BARRY	Team Cardiff	12.47	8.36	
3 Amanda RANGER	**Team London North ACE**	12.12	8.19	
4 Jayne NESBIT	Team Edinburgh	12.06	7.16	
5 Tamara LONGWE	Team Sheffield	11.72	6.49	
6 Kelly HINTON	Team Manchester	11.7	4.98	
7 Lauren BLACKIE	Team London South	11.61	3.93	
8 Chloe GILL	Team Newcastle	10.83	3.04	
9 Jade ELLANS	Team Bristol	10.18	1.22	

Women's High Jump

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Jayne NESBIT	Team Edinburgh	1.78	9.60	
2 Adele LASSU	Team Sheffield	1.72	7.80	
2 Eloise NEWMAN	Team London North	1.72	7.80	
4 Emma GULLIVER	Team Bristol	1.65	5.95	
4 Emma LOWRY	**Team Edinburgh ACE**	1.65	5.95	
6 Alex ELLIOTT	Team Cardiff	1.60	4.70	
7 Sophie BELL MORGAN	Team Manchester	1.55	3.45	

Women's Pole Vault

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Bryony RAINE	Team Cardiff	3.85	9.70	
2 Maria SEAGER	Team Bristol	3.55	8.40	
2 Jessica ABRAHAM	**Team Cardiff ACE**	3.55	8.90	
2 Fiona HARRISON	**Team Sheffield ACE**	3.55	7.90	
5 Liz HUGHES	Team London South	3.55	7.90	
6 Katherine OGDEN	**Team Bristol ACE**	3.40	7.25	
7 Holly BLEASDALE	Team Manchester	3.40	5.75	
7 Charlotte HOWARTH	Team London North	3.40	5.75	



Supporting

Indoor CITY
CHALLENGEFinal, 2009 UWIC, CARDIFF
Saturday 28 February 2009**Women's Shot**

<i>Athlete</i>	<i>City</i>	<i>Perf</i>	<i>Points</i>	<i>PB</i>
1 Amy HILL	**Team Sheffield ACE**	14.23	9.46	
2 Jessica ENNIS	Team Sheffield	12.91	9.18	
3 Sophie THOMAS	Team Bristol	12.08	8.00	
4 Abigail MORONKEJI	Team London North	11.62	7.40	sb
5 Debbie COLLINSON	Team Newcastle	11.56	6.88	pb
6 Michelle DURBIDGE	Team Edinburgh	11.26	4.82	
7 Louise WATKINS	Team Cardiff	11.13	4.29	sb
8 Sophie BELL MORGAN	Team Manchester	9.28	3.39	pb

Men's Medley Relay

<i>Athlete</i>	<i>City</i>	<i>Perf</i>
1	Team Sheffield	04:24.03
2	Team Bristol	04:25.87
3	Team Cardiff	04:26.90
4	Team London North	04:28.35
5	Team Manchester	04:28.53
6	Team Edinburgh	04:34.24
7	Team Newcastle	04:34.32
8	Team London South	04:49.31
9		

Women's Medley Relay

<i>Athlete</i>	<i>City</i>	<i>Perf</i>
1	Team Manchester	04:56.98
2	Team Newcastle	05:09.68
3	Team Edinburgh	05:09.74
4	Team Sheffield	05:11.18
5	Team London North	05:15.96
6	Team Bristol	05:22.88
7	Team Cardiff	05:23.78



Indoor City Challenge
 Combined Events
 Final - UWIC, CARDIFF
 Saturday, 28 February 2009

Men

Rank	Bib	Athlete	City	Shot				Long Jump				60m Hurdles			
				Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank
1		Kevin SEMPERS	Team Newcastle	12.73	651	651	1	6.80	767	1,418	1	8.12	1,102	2,520	1
2		David FEENEY	Team Sheffield	12.68	648	648	2	6.37	668	1,316	2	8.21	1,082	2,398	2
3		Richard REEKS	Team London North	11.73	590	590	3	6.38	670	1,260	3	8.25	1,073	2,333	3
4		Craig BAKER	Team London South	11.27	562	562	5	6.38	670	1,232	4	8.72	969	2,201	4
5		Carl VAN SCHIE	Team Manchester	10.84	536	536	6	6.33	659	1,195	5	9.25	858	2,053	5
6		Owen JONES	Team Cardiff	8.60	402	402	8	6.13	615	1,017	7	8.63	989	2,006	6
7		Jamie COURTNEY	Team Bristol	11.47	574	574	4	5.88	561	1,135	6	9.48	812	1,947	7
8		Nick HOBDAV	Team Edinburgh	9.48	454	454	7	5.69	521	975	8	9.38	832	1,807	8



Indoor City Challenge
 Combined Events
 Final - UWIC, CARDIFF
 Saturday, 28 February 2009

Women

Rank	Bib	Athlete	City	Long Jump				Shot				60m Hurdles			
				Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank
1		Jessica ENNIS	Team Sheffield	5.98	843	843	1	12.99	727	1,570	1	8.25	1,073	2,643	1
2		Louise WOOD	Team London North	5.54	712	712	2	9.92	524	1,236	3	8.70	974	2,210	2
3		Lydia CHAMBERLIN	Team Newcastle	5.35	657	657	3	10.85	585	1,242	2	9.13	883	2,125	3
4		Kelly HILTON	Team Manchester	5.26	631	631	4	8.47	430	1,061	5	9.28	852	1,913	4
5		Emma LOWRY	Team Edinburgh	4.85	519	519	5	10.85	585	1,104	4	10.00	712	1,816	5



Indoor City Challenge
 Final 2009 - UWIC, Cardiff
 Saturday, 28 February 2009

Scorecard

	Bristol	Cardiff	Edinburgh	London North	London South	Manchester	Newcastle	Sheffield
	1	2	3	4	5	6	7	8
Men's Shot	3.24	16.12	9.20	6.72	2.08	1.03	4.38	18.88
Men's Pole Vault	5.55	4.68	8.45	8.18	6.82	6.05	3.32	9.64
Men's Long Jump		5.08	10.00	15.16	3.00	9.50	13.39	7.83
Men's High Jump	3.55	2.55	1.55	9.60	8.60	7.05	5.30	6.05
Men's 400m	16.62	4.49	2.00	9.60	5.82	5.65	4.23	14.50
Men's 800m	10.41	7.33	3.87	5.32	2.66	14.57	1.48	7.37
Men's 200m	6.74	3.47	9.09	1.00	5.65	5.55	2.34	7.79
Men's 60m	5.00	3.00	7.16	14.63	4.00	7.00	1.13	2.69
Men's Triple Jump	4.75	2.51		10.73	7.06	3.67	9.17	6.06
Men's 60m H	8.67	9.98	1.00	8.92	2.65	4.69	8.73	6.46
Men's 1500m	3.67	13.48	4.50	7.37	3.00	6.11	9.70	8.66
Men's Combined E	3.00	4.50	1.50	9.00	7.50	6.00	12.00	10.50
Men's Relay	7.00	6.00	3.00	5.00	1.00	4.00	2.00	8.00
Women's Shot	8.00	4.29	4.82	7.40		3.39	7.88	18.64
Women's Pole Vault	15.65	18.60		5.75	7.90	5.75		7.90
Women's Long Jump	3.00	7.90	6.00	9.90		13.40	7.08	2.00
Women's High Jump	5.95	4.70	16.05	7.80		3.45		7.80
Women's 400m	7.11	8.44	3.45	5.08	6.10	21.09	8.13	2.07
Women's 800m	7.47	2.97	10.33	4.66		7.50	8.57	9.68
Women's 200m	12.06	2.69	10.31	4.99	3.96	6.01	1.00	7.06
Women's 60m	8.03	4.06	2.00	13.88	1.00	4.50	19.76	13.94
Women's Triple Jump	1.22	8.36	7.16	17.58	3.93	4.98	3.04	6.49
Women's 60m H	7.78	5.97	1.00	3.41	2.00	8.58	6.05	9.85
Women's 1500m	5.63	3.50	6.64	8.95		2.00	6.87	7.88
Women's Combined E			6.00	10.50		7.50	9.00	12.00
Women's Relay	3.00	2.00	6.00	4.00		8.00	7.00	5.00
Event Totals	163.09	156.65	141.06	215.12	84.72	177.02	161.54	224.72
Full Team Points	3.00	3.00	3.00	4.00		4.00	3.00	4.00
Total	166.09	159.65	144.06	219.12	84.72	181.02	164.54	228.72
Match Positions After 26 Events : 0 Remaining								
	1	Sheffield	228.72					
	2	London North	219.12					
	3	Manchester	181.02					
	4	Bristol	166.09					
	5	Newcastle	164.54					
	6	Cardiff	159.65					
	7	Edinburgh	144.06					
	8	London South	84.72					