



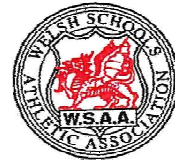
# WELSH ATHLETICS ATHLETAU CYMRU

## Celtic Indoor Cup and U20 International

incorporating

**U16 Celtic Schools International**

Sunday 22nd February



**Full Results**

**UWIC**  
Cardiff's metropolitan university  
prifysgol metropolitan Caerdydd

All Comers Jason GARDENER England 6.52 2002  
 Welsh Indoor Record Colin JACKSON Cardiff AAC 6.49 1994  
 U20 Record Christian MALCOLM Cardiff 6.67 1997

**T13 Senior Men & U20 Men 60m**

**12:10**

Bib	Pos	Country	Name	Perf.	Points	Comments
9	1	Wales	Richardo CHILDS	6.81	5	
15	2	England U20	Kieran SHOWLER-DAVIS	6.93	5	
11	3	Scotland	Ryan OSWALD	6.95	3	
10	4	Ireland	David O'SHEA	7.04	2	
14	5	Ireland U20	Chris RUSSELL	7.07	3	
12	6	UWIC	Chris HILL	7.10	1	
13	7	Wales U20	Chris HOWE	7.13	2	
61	1G	Chris BAILLIE	Guest	6.99		

All Comers Jason GARDENER England 6.52 2002  
 Welsh Indoor Record Colin JACKSON Cardiff AAC 6.49 1994  
 U20 Record Christian MALCOLM Cardiff 6.67 1997

**T15 Guest Men 60m**

**12:30**

Bib	Pos	Country	Name	Perf.	Points	Comments
20	1G	Danny TALBOT	Guest U20	6.97		
24	2G	Eugene AYANFUL	Guest U20	6.98		
25	3G	Fearghus HANNON	Guest U20	7.19		
26	4G	Lorcan O'CATHAIN	Guest U20	7.19		
21	5G	Tom KNIGHT	Guest U20	7.21		
69	6G	Edmund O'HALLORAN	Guest	7.38		
23	7G	Tom CUSWORTH	Guest U20	7.40		
	8G					

All Comers Matthew ELIAS Wales 47.39 2002  
 Welsh Indoor Record Jamie BAULCH Cardiff AAC 45.39 1997  
 U20 Record

**T21 Senior Men 400m**

**13:10**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	Kris ROBERTSON	48.56	5	
9	2	Wales	Adebowale ADEMUYEWO	49.25	3	
12	3	UWIC	Jon HORNBLOW	49.89	2	

All Comers Matthew ELIAS Wales 47.39 2002  
 Welsh Indoor Record Bruce TASKER Carmarthen Harriers 47.74 2006  
 U20 Record Bruce TASKER Carmarthen 47.74 2006

**T22 U20 Men 400m**

**13:20**

Bib	Pos	Country	Name	Perf.	Points	Comments
14	1	Ireland U20	Billy RYAN	49.21	5	
15	2	England U20	Harry DORAN	49.45	3	
13	3	Wales U20	Nathan FELVUS	49.80	2	
28	4	Gareth HOPKINS	Guest U20	50.34		



All Comers Matthew ELIAS Wales 47.93 2002  
 Welsh Indoor Record Jamie BAULCH Cardiff AAC 45.39 1997  
 U20 Record Bruce TASKER Carmarthen 47.74 2006

**T25 Guest Men 400m 13:50**

Bib	Pos	Country	Name	Perf.	Points	Comments
31	1G	Donald MacLEOD	Guest	49.59		
29	2G	Jamie BOWIE	Guest	49.65		
30	3G	Darren LEWIS	Guest	51.37		

All Comers Richard HILL England 1.49.10 2009  
 Welsh Indoor Record James WATKINS Cardiff AAC 1.47.23 2006

**T32A Guest Men 800m 14:45**

Bib	Pos	Country	Name	Perf.	Points	Comments
59	1G	David McCARTHY	Guest	1:49.12		
43	2G	Andrew OSAGIE	Guest	1:49.99		
44	3G	Rick WARD	Guest	1:51.14		
39	4G	Eoin EVERARD	Guest	1:51.27		
41	5G	Damien MOSS	Guest	1:57.46		
40	6G	Michael COLE	Guest	dnf		

All Comers Richard HILL England 1.49.10 2009  
 Welsh Indoor Record James WATKINS Cardiff AAC 1.47.23 2006  
 U20 Record

**T33 Senior Men 800m 14:50**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	Graeme OUDNEY	1:51.18	5	
12	2	UWIC	Dean GOODMAN	1:51.45	3	
10	3	Ireland	Joe WARNE	1:51.58	2	
9	4	Wales	Jonathan BUTLER	1:54.21	1	
	1G					

All Comers Richard HILL England 1.49.10 2009  
 Welsh Indoor Record Joe THOMAS Cardiff AAC 1.51.94 2007  
 U20 Record

**T34 U20 Men 800m 15:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	Adam COTTON	1:53.96	5	
14	2	Ireland U20	Mark PATTERSON	1:55.19	3	
13	3	Wales U20	Jonathan MORGAN	1:57.43	2	

All Comers Stephen DAVIES Wales 3.42.28 2009  
 Welsh Indoor Record James THIE Cardiff AAC 3.38.69 2004  
 U20 Record Tony BLACKWELL Wolverhampton 3.52.0 1977

**T11 Senior Men & U20 Men 1500m**

**11:50**

Bib	Pos	Country	Name	Perf.	Points	Comments
10	1	Ireland	Alan O'BRIEN	3:49.73	5	
9	2	Wales	Jorge THOMAS	3:50.29	3	
11	3	Scotland	Ian RAWLINSON	3:52.23	2	
12	4	UWIC	Ieuan THOMAS	3:54.89	1	
15	5	England U20	Daniel CLORLEY	3:55.12	5	
14	6	Ireland U20	Paul ROBINSON	3:56.30	3	
13	7	Wales U20	Rhys GLASTONBURY	4:03.41	2	

All Comers Colin JACKSON Wales 7.60 2002  
 Welsh Indoor Record Colin JACKSON Brecon AC 7.30 1994  
 U20 Record

**T29 Senior Men 60m Hurdles**

**14:10**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	Francis SMITH	8.11	5	
9	2	Wales	Owen JONES	8.60	3	
12	3	UWIC	Steve BOYLES	DNS	2	
60	1G	William SHARMAN	Guest	7.76		
61	2G	Chris BAILLIE	Guest	7.81		

All Comers Colin JACKSON Wales 7.60 2002  
 Welsh Indoor Record Nathan PALMER Cardiff AAC 7.93 2001  
 U20 Record

**T30 U20 Men 60m Hurdles**

**14:20**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	James McLEAN	8.02	5	
13	2	Wales U20	David GUEST	8.24	3	
14	3	Ireland U20	Edmund O'HALLORAN	8.28	2	
37	4	Lawrence CLARKE	Guest U20	7.78		
38	5	Jack MEREDITH	Guest U20	DNS		



All Comers Ireland 3.17.20 2008  
Welsh Indoor Record Wales 3.17.31 2008  
U20 Record

**T40 Senior Men 4 x 400m Relay** **16:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	BOWIE McLEOD OUDNEY ROBERTSON	3:16.40	5	
12	2	UWIC	BRAY WILTSHIRE GOODMAN HORNBLow	3:19.54	3	
9	3	Wales	FELVUS LEWIS ADEMUYEWO GUEST	3:19.86	2	
10	4	Ireland	O'SHEA EVERARD WARNE McCARTHY	3:20.03	1	

All Comers Wales 1.26.29 2002  
Welsh Indoor Record Wales 1.30.25 2002  
U20 Record Wales 1.30.25 2002

**T42 U20 Men 4 x 200m Relay** **16:30**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	AYANFUL DORAN SHOWLER-DAVIES TALBOT	1:29.77	5	
13	2	Wales U20	HOWE KNIGHT CUSWORTH HOPKINS	1:30.14	3	
14	3	Ireland U20	RYAN HANNON O'CATHAIN O'HALLORAN	DNF		

All Comers Brendan REILLY Ireland 2.25 2000  
 Welsh Indoor Record Robert MITCHELL Sale Harriers 2.24 2009  
 U20 Record Andrew McIVER & John HILL Cardiff / Solihull 2.15 1985

**F3 Senior Men & U20 Men High Jump** **10:45**

Bib	Pos	Country	Name	Perf.	Points	Comments
10	1	Ireland	Chris CROWLEY	2.12	5	
14	2	Ireland U20	Barry PENDER	2.06	5	
15	3	England U20	Chris BAKER	2.00	3	
13	4	Wales U20	David GUEST	1.90	2	
9	5	Wales	Adam DAVIES	1.90	3	
12	6	UWIC	Gareth WILTSHIRE	1.75	1	

All Comers Paul WILLIAMSON & Nick BUCKFIELD England 5.50 2002  
 Welsh Indoor Record Scott SIMPSON Birchfield Harriers 5.42 2007  
 U20 Record Neil WINTER Shaftesbury 5.10 1992

**F11 Senior Men & U20 Men Pole Vault** **14:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
9	1	Wales	Paul WALKER	5.04	5	
10	2	Ireland	Dave DONEGAN	4.64	3	
13	3	Wales U20	Ben GREGORY	4.54	5	
15	4	England U20	Andrew SUTCLIFFE	4.54	3	
12	5	UWIC	Francis BAKER	4.44	2	
14	6	Ireland U20	HOULIHAN Timothy	4.24	2	
11	7	Scotland	Scott HUGGINS	3.64	1	
56	1G	Leigh WALKER	Guest	4.34		
54	2G	Andrew HOLMES	Guest	3.84		
55	3G	Lewis NEWTON	Guest	3.84		

All Comers Gable GARENAMOTSE Botswana 8.01 2002  
 Welsh Indoor Record Lynn DAVIES Roath, Cardiff 7.97 1966  
 U20 Record Marcus BROWNING Chester 7.32 1987

**F8 Senior Men & U20 Men Long Jump** **12:45**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	Jude BEIMERS	7.28	5	
15	2	England U20	Daniel GARDINER	7.15	5	
12	3	UWIC	Francis BAKER	7.10	3	
9	4	Wales	James GARDNER	6.74	2	
10	5	Ireland	Brendan MARSHALL	6.64	1	
14	6	Ireland U20	Timothy HARRINGTON	6.64	3	
13	7	Wales U20	Tom KIVELL	6.58	2	
52	1G	Nathan MORGAN	Guest	7.33		
67	2G	Chris CROWLEY	Guest	7.06		

All Comers Julian GOLLEY England 16.05 2001  
Welsh Indoor Record Steven SHALDERS Cardiff AAC 16.39 2006  
U20 Record Steven SHALDERS Cardiff 15.45 1999

**F12 Senior Men & U20 Men Triple Jump**

**14:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	John CARR	15.71	5	
9	2	Wales	Navid CHILDS	15.25	3	
15	3	England U20	Kola ADEDOYIN	14.94	5	
10	4	Ireland	Eoin KELLY	14.29	2	
14	5	Ireland U20	Francis EGAN	14.28	3	
13	6	Wales U20	Alex OBIAKO	13.93	2	
12	7	UWIC	Adam WILLIAMS	13.63	1	

All Comers Stephan HAYWARD Scotland 18.28 2000  
Welsh Indoor Record Shaun PICKERING Haringey 19.10 1996  
U20 Record Brett MORSE Cardiff 17.51 2008

**F9 Senior Men & U20 Men Shot (7.25kg- SM) & (6.00kg-U20)**

**13:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	Curtis GRIFFITHS-PARKER	17.52	5	
11	2	Scotland	Scot THOMPSON	16.05	5	
12	3	UWIC	Ryan SPENCER-JONES	16.04	3	
10	4	Ireland	Sean BREATHNACH	15.44	2	
13	5	Wales U20	Jacob MATTHEWS	15.07	3	
14	6	Ireland U20	Daniel CLIFFORD	14.49	2	
9	7	Wales	Peter MAITLAND	14.39	1	
53	1G	Daniel CARLIN	Guest U20	16.08		

All Comers Joice MADUAKA England 7.28 2002  
 Welsh Indoor Record Carman SMART Cardiff AAC 7.34 1990  
 U20 Record Lisa ARMSTRONG Torfaen 7.48 1991

**T14 Senior Women & U20 Women 60m**

**12:20**

Bib	Pos	Country	Name	Perf.	Points	Comments
14	1	Ireland U20	Niamh WHELAN	7.49	5	
10	2	Ireland	Kelly PROPER	7.58	5	
15	3	England U20	Emily DIAMOND	7.67	3	
9	4	Wales	Hannah PENDLEBURY	7.74	3	
11	5	Scotland	Jade NIMMO	7.74	2	
13	6	Wales U20	Mica MOORE	7.80	2	
12	7	UWIC	Michelle THOMAS	8.07	1	

All Comers Joice MADUAKA England 7.28 2002  
 Welsh Indoor Record Carman SMART Cardiff AAC 7.34 1990  
 U20 Record Lisa ARMSTRONG Torfaen 7.48 1991

**T17 Guest Women 60m**

**12:40**

Bib	Pos	Country	Name	Perf.	Points	Comments
68	1G	Guest	Claire BERGIN	7.71		
65	2G	Guest	Laura WAKE	8.01		
27	3G	Guest	Rebecca WILLIAMS	8.01		
70	4G	Guest U20	Sara POLE	8.04		

All Comers Catherine MURPHY Wales 52.54 2002  
 Welsh Indoor Record Catherine MURPHY Shaftesbury 51.74 2003  
 U20 Record Faye Harding Sale 55.75 2004

**T23 Senior Women 400m**

**13:30**

Bib	Pos	Country	Name	Perf.	Points	Comments
10	1	Ireland	Marian ANDREWS	54.89	5	
12	2	UWIC	Nadine OKYERE	55.84	3	
9	3	Wales	Bryony TURNBULL	57.59	2	
11	3	Scotland	Ashleigh KENNEDY	58.49	1	

All Comers Catherine MURPHY Wales 52.54 2002  
 Welsh Indoor Record Faye HARDING Sale Harriers 55.76 2004  
 U20 Record Faye Harding Sale 55.75 2004

**T24 U20 Women 400m**

**13:40**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	Mary IHEKE	57.18	5	
14	2	Ireland U20	Christine McMAHON	57.34	3	
13	3	Wales U20	Brigid EADES	58.36	2	

All Comers Catherine MURPHY Wales 52.54 2002  
 Welsh Indoor Record Catherine MURPHY Shaftesbury 51.74 2003  
 U20 Record Faye HARDING Sale 55.76 2004

**T27 Guest Women 400m**

**14:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
35	1G	Brona FURLONG	Guest	55.09		
34	2G	Emma PETERS	Guest	57.80		
33	3G	Rhianne JONES	Guest	58.16		
36	4G	Emma PULLEN	Guest	DNS		

All Comers Joanna ROSS Scotland 2.04.05 2005  
 Welsh Indoor Record Hayley PARRY Swansea Harriers 2.01.52 1998  
 U20 Record

**T35 Senior Women 800m**

**15:10**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	Jenny TAN	2:09.24	5	
10	2	Ireland	Laura CROWE	2:09.77	3	
12	3	UWIC	Hayley WILLS	2:11.14	2	
9	4	Wales	Charlotte GAUGHAN	2:20.42	1	
46	1G	Karrie BLAKE	Guest	2:10.30		
45	2G	Ruth MITCHELL	Guest	2:14.93		

All Comers Joanna ROSS Scotland 2.04.05 2005  
 Welsh Indoor Record Kirsty McDERMOTT Brecon AC 2.02.88 1981  
 U20 Record

**T36 U20 Women 800m**

**15:20**

Bib	Pos	Country	Name	Perf.	Points	Comments
14	1	Ireland U20	Ciara EVERARD	2:10.69	5	
13	2	Wales U20	Jade WILLIAMS	2:11.68	3	
15	3	England U20	Leigh LENNON	2:14.61	2	
47	1G	Katie KIRK	Guest U20	2:12.92		

All Comers Sophie MORRIS England 4.15.74 2005  
 Welsh Indoor Record Hayley TULLETT Swansea Harriers 4.05.63 2004  
 U20 Record Non STANFORD Swansea 4.27.66 2006

**T12 Senior Women & U20 Women 1500m**

**12:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	Vicky FOUHY	4:34.81	5	
13	2	Wales U20	Natasha COCKRAM	4:41.23	3	
9	3	Wales	Rebecca NUTTALL	4:42.03	5	
12	4	UWIC	Emily BROWN	4:55.17	3	

All Comers Diane ALLAHGREEN England 8.01 2002  
Welsh Indoor Record Kay MORLEY BROWN Cardiff AAC 8.16 1992  
U20 Record

**T31 Senior Women 60m Hurdles**

**14:30**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	Gemma WERRETT	8.57	5	
10	2	Ireland	Mairead MURPHY	8.66	3	
9	3	Wales	Lucy LOUGHER	8.90	2	
12	4	UWIC	Michelle THOMAS	9.40	1	

All Comers Diane ALLAHGREEN England 8.01 2002  
Welsh Indoor Record Bethan EDWARDS Cardiff AAC 8.47 1992  
U20 Record

**T32 U20 Women 60m Hurdles**

**14:40**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	Stephanie GAYNOR	8.66	5	
14	2	Ireland U20	Sandra LAWLOR	8.68	3	
13	3	Wales U20	Catherine GOLDSMITH	9.86	2	

All Comers Ireland 3.49.47 2008  
 Welsh Indoor Record Wales 3.57.86 2008  
 U20 Record

**T39 Senior Women 4 x 400m Relay 15:50**

Bib	Pos	Country	Name	Perf.	Points	Comments
10	1	Ireland	ANDREWS FURLONG McMAHON BERGIN	3:42.35	5	
12	2	UWIC	OKYERE PETERS PULLEN WILLS	3:46.23	3	
9	3	Wales	TURNBULL LOUGHER JONES WILLIAMS	3:52.51	2	
11	4	Scotland		dns		

All Comers Ireland 1.37.43 2002  
 Welsh Indoor Record Wales 1.39.99 2005  
 U20 Record Wales 1.41.49 2003

**T41 U20 Women 4 x 200m Relay 16:20**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	GAYNOR WAKE IHEKE DIAMOND	1:41.78	5	
14	2	Ireland U20	WHELAN LAWLOR EVERARD KING	1:42.25	3	
13	3	Wales U20	MOORE POLE EADES ROGERS	1:42.34	2	

All Comers Susan JONES England 1.90 2002  
 Welsh Indoor Record Julie CRANE Sale Harriers 1.90 2004  
 U20 Record Rebecca JONES Wrexham 1.86 2002

**F2 Senior Women & U20 Women High Jump 10:30**

Bib	Pos	Country	Name	Perf.	Points	Comments
11	1	Scotland	Jayne NISBET	1.72	5	
15	2	England U20	Amy MARCHANT	1.71	5	
10	3	Ireland	Pamela HUGHES	1.68	3	
12	4=	UWIC	Emma GULLIVER	1.65	2	
13	4=	Wales U20	Sarah ABRAMS	1.65	3	
9	5	Wales	Elizabeth PARRY	1.55	1	

All Comers Emma LYONS England 4.27 2009  
 Welsh Indoor Record Rhian CLARKE Essex Ladies 4.20 2001  
 U20 Record Rhian CLARKE Essex Ladies 3.65 1996

**F5 Senior Women & U20 Women Pole Vault 11:15**

Bib	Pos	Country	Name	Perf.	Points	Comments
10	1	Ireland	Zoe BROWN	4.20	5	
15	2	England U20	Sally SCOTT	4.01	5	
12	3	UWIC	Bryony RAINE	3.81	3	
11	4	Scotland	Henrietta PAXTON	3.71	2	
9	5	Wales	Hannah ABRAHAM	3.61	1	
13	6	Wales U20	Elinor LEWIS	3.61	3	
14	7	Ireland U20	Nikita SAVAGE	2.91	2	
48	1G	Katherine OGDEN	UWIC U20	3.61		
49	2G	Christina HUGHES	Guest U20	3.51		

All Comers Gillian COOKE Scotland 6.43 2008  
 Welsh Indoor Record Ruth HOWELL Birchfield Harriers 6.51 1974  
 U20 Record Nicola SHORT Torfaen 5.77 1986

**F6 Senior Women & U20 Women Long Jump**

**11:30**

Bib	Pos	Country	Name	Perf.	Points	Comments
10	1	Ireland	Kelly PROPER	6.16	5	
12	2	UWIC	Imogen MILES	5.81	3	
11	3	Scotland	Alice LENNOX	5.81	2	
9	4	Wales	Sarah DACEY	5.32	1	
13	5	Wales U20	Ffion REES	5.08	5	
15	6	England U20	Lorraine UGEN	4.50	3	
51	1G	Megan ROGERS	Guest U20	5.40		

All Comers Yamile ALDAMA Cuba 14.11 2003  
 Welsh Indoor Record Sally PEAKE Liverpool 12.28 2006  
 U20 Record Sally PEAKE Liverpool 11.79 2003

**F16 Senior Women & U20 Women Triple Jump**

**15:15**

Bib	Pos	Country	Name	Perf.	Points	Comments
10	1	Ireland	Mary McLOONE	12.54	5	
9	2	Wales	Sara BARRY	12.38	3	
11	3	Scotland	Jayne NISBET	12.35	2	
15	4	England U20	Gemma SMITH	11.77	5	
14	5	Ireland U20	Caoimhe KING	11.75	3	
13	6	Wales U20	Sarah ABRAMS	11.47	2	
12	7	UWIC	Sian DAVIES	11.46	1	
57	1G	Nadia WILLIAMS	Guest	12.89		

All Comers Venissa HEAD Wales 19.06 1984  
 Welsh Indoor Record Venissa HEAD Cardiff AAC 19.06 1984  
 U20 Record Jayne BERRY Brecon 14.54 1989

**F13 Senior Women & U20 Women Shot (4.00kg)**

**15:00**

Bib	Pos	Country	Name	Perf.	Points	Comments
15	1	England U20	Shaunagh BROWN	14.09	5	
9	2	Wales	Tesni WARD	13.06	5	
14	3	Ireland U20	Claire FITZGERALD	12.65	3	
12	4	UWIC	Sharon HEVERAN	11.11	3	
11	5	Scotland	Alice LENNOX	11.02	2	
13	6	Wales U20	Catherine GOLDSMITH	10.96	2	
63	1G	Guest	Sarah BENSON	10.59		

U17 Record Tim BENJAMIN Cardiff AAC 6.93 1998

Celtic Schools Record Joseph DOWLING Ireland 7.5 2008

## T20 Schools U16 Men 60m

13:00

**New Celtic Schools Record**

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	Jamaul WHYTE	7.25	5
2	2	Wales Schools B	Rhys WILLIAMS	7.39	
4	3	Ireland Schools B	Alan MONTGOMERY	7.39	3
6	4	Scotland Schools B	Kieran KILVIN	7.45	2
3	5	Ireland Schools A	Ciaran GREENE	7.47	
5	6	Scotland Schools A	Wallace GRAHAM	7.48	
8	7	Welsh Dragons B	Jamie MORRIS	7.55	1
7	8	Welsh Dragons A	Matthew DAVIES	7.70	

U17 Record Tim BENJAMIN Cardiff AAC 21.51 1998

Celtic Schools Record Curtis WOODS Ireland 22.76 2008

## T7 Schools U16 Men - A Race 200m

11:10

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	Jamaul WHYTE	23.19	5
5	2	Scotland Schools A	Tom HOLLIGAN	23.43	3
3	3	Ireland Schools A	Patrick O'CONNOR	23.91	2
7	4	Welsh Dragons A	Matthew DAVIES	24.94	1

U17 Record Tim BENJAMIN Cardiff AAC 21.51 1998

Celtic Schools Record Curtis WOODS Ireland 22.76 2008

## T8 Schools U16 Men - B Race 200m

11:20

Bib	Pos	Country	Name	Perf.	Points
2	1	Wales Schools B	Matthew RICHARDS	23.66	
4	2	Ireland Schools B	Alan MONTGOMERY	23.99	
8	3	Welsh Dragons B	Jamie MORRIS	24.10	
6	4	Scotland Schools B	David KERR	24.10	

U17 Record Adam DAVIES Gloucester AC 1.58.17 2000

Celtic Schools Record Adam INGRAM Ireland 1:59.50 2008

## T6 Schools U16 Men 800m

11:00

Bib	Pos	Country	Name	Perf.	Points
3	1	Ireland Schools A	Dean CRONIN	2:00.68	5
5	2	Scotland Schools A	Tom WATSON	2:01.58	3
1	3	Wales Schools A	Daniel CHESWORTH	2:04.86	2
7	4	Welsh Dragons A	Liam JONES	2:15.78	1



U17 Record Simon LAWSON Cardiff AAC 4.04.37 2005

Celtic Schools Record Natasha COCKRAM Wales 4.08.9 2008

### T10 Schools U16 Men 1500m

11:40

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	Elliott HARDEE	4:14.87	5
3	2	Ireland Schools A	Patrick MONAGHAN	4:16.99	3
5	3	Scotland Schools A	Max LOTT	4:20.85	2
7	4	Welsh Dragons A	Matthew ANTONIAZZI	4:25.33	1

U17 Record Colin JACKSON Cardiff AAC 8.16 1983

Celtic Schools Record Mark REGAN Ireland 8.9 2008

### T2 Schools U16 Men 60m Hurdles

10:25

**New Celtic Schools Record**

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	Rhys WILLIAMS	8.52	5
5	2	Scotland Schools A	Cameron GOODALL	8.74	3
4	3	Ireland Schools B	Paul BYRNE	8.93	2
6	4	Scotland Schools B	John MULHERN	8.96	
3	5	Ireland Schools A	Conor DALY	9.32	
2	6	Wales Schools B	Jack McDONALD	9.73	
7	7	Welsh Dragons A	Gareth THOMAS	DNS	
	8				

U17 Record Wales 1.34.96 2009

Celtic Schools Record Scotland 1.34.01 2009

### T38 Schools U16 Men 4 x 200m Relay

15:40

**New Indoor Record**

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	WILLIAMS, DAVIES, RICHARDS, WHYTE	1:34.37	5
3	2	Ireland Schools A	O'CONNOR, MONTGOMERY, BYRNE, GREENE	1:35.66	3
7	3	Welsh Dragons A	McDONALD, MARTIN, JONES, MORRIS	1:42.00	2
5	4	Scotland Schools A	GRAHAM, HOLLIGAN, KILVIN, KERR	DNF	

U17 Record Chuka ENIH-SNELL Swansea Harriers 2.07 2000

Celtic Schools Record Luke CAMPBELL Ireland 1.70 2009

**F15 Schools U16 Men Bed 2 High Jump** **15:15**

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	Stephen GUEST	1.84	5
5	2	Scotland Schools A	Matthew KERR	1.82	3
7	3	Welsh Dragons A	Sean BERGIERS	1.70	2
3	4	Ireland Schools A	Conor DALY	1.70	1

U17 Record Scott HERBERT Milton Keynes 6.90 1990

Celtic Schools Record Ciaran DOLAN Ireland 6.41 2009

**F4 Schools U16 Men - (4 Trials only) Long Jump** **10:45**

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	Michael PAYNE	5.95	5
5	2	Scotland Schools A	Peter MUIRHEAD	5.93	3
7	3	Welsh Dragons A	Kieron MARTIN	5.65	2
3	4	Ireland Schools A	Paul BYRNE	5.19	1

U17 Record Clayton TURNER Crawley AC 16.73 1985

Celtic Schools Record Rheon JAMES Wales 13.85 2009

**F10 Schools U16 Men - (4 Trials only) Shot (5.0kg)** **14:00**

Bib	Pos	Country	Name	Perf.	Points
5	1	Scotland Schools A	David COLHART	13.24	5
3	2	Ireland Schools A	Mariusz KRASKA	12.32	3
1	3	Wales Schools A	Jonathan STOWELL	11.53	2
7	4	Welsh Dragons A	Adam JONES	10.38	1

U17 Record Lisa ARMSTRONG Torfaen 7.56 1990

Celtic Schools Record Joan HEALY Ireland 7.7 2008

**T19 Schools U16 Women 60m**

**12:50**

Bib	Pos	Country	Name	Perf.	Points
3	1	Ireland Schools A	Sarah MURRAY	7.90	5
6	2	Scotland Schools B	Chloe LAMBERT	8.02	3
4	3	Ireland Schools B	Grainne MOYNIHAN	8.08	
5	4	Scotland Schools A	Hazel ROSS	8.19	
2	5	Wales Schools B	Eleanor ROWLAND	8.26	2
7	6	Welsh Dragons A	Rhiannon JEFFREYS	8.29	1
1	7	Wales Schools A	Rachel O'CONNOR	8.36	
8	8	Welsh Dragons B	Nia PALLA	8.39	

U17 Record Alexandria BICK Cardiff AAC 24.82 1999

Celtic Schools Record Joan HEALY Ireland 25.27 2008

**T4 Schools U16 Women - A Race 200m**

**10:40**

Bib	Pos	Country	Name	Perf.	Points
5	1	Scotland Schools A	Caroline GEORGE	25.6*	5
3	2	Ireland Schools A	Sarah LAVIN	26.0*	3
1	3	Wales Schools A	Jamie-LEIGH-BOWEN	26.5*	2
7	4	Welsh Dragons A	Catrin THOMAS	27.3*	1

U17 Record Alexandria BICK Cardiff AAC 24.82 1999

Celtic Schools Record Joan HEALY Ireland 25.27 2008

**T5 Schools U16 Women - B Race 200m**

**10:50**

Bib	Pos	Country	Name	Perf.	Points
4	1	Ireland Schools B	Sarah MURRAY	26.13	
6	2	Scotland Schools B	Kathryn CHRISTIE	26.35	
2	3	Wales Schools B	Chloe JONES	26.82	
8	4	Welsh Dragons B	Bethan PHILLIPS	28.41	

U17 Record Benytta DOMAN Cwmbran Harriers 2.16.74 2008

Celtic Schools Record Lauren BELL Wales 2.18.8 2008

**T3 Schools U16 Women 800m**

**10:30**

**New Celtic Schools Record**

Bib	Pos	Country	Name	Perf.	Points
1	1	Wales Schools A	Lauren BELL	2:18.01	5
3	2	Ireland Schools A	Amy O'DONOGHUE	2:18.91	3
5	3	Scotland Schools A	Iona BRODIE	2:19.63	2
7	4	Welsh Dragons A	Elysia PEARSON	DNS	

U17 Record Non STANFORD Swansea Harriers 4.33.45 2005

Celtic Schools Record Shane QUINN Ireland 4.45.8 2008

**T9 Schools U16 Women 1500m 11:30**

Bib	Pos	Country	Name	Perf.	Points
5	1	Scotland Schools A	Kathryn PENNEL	4:48.94	5
1	2	Wales Schools A	Hywelis THOMAS-HOWELLS	4:55.75	3
3	3	Ireland Schools A	Clare BRENNAN	5:04.80	2
7	4	Welsh Dragons A	Lora ROBERTS	5:20.57	1

U17 Record Bethan EDWARDS Brecon AC 8.67 1989

Celtic Schools Record Joan HEALY Ireland 7.7 2008

**T1 Schools U16 Women 60m Hurdles 10:20**

Bib	Pos	Country	Name	Perf.	Points
3	1	Ireland Schools A	Sarah LAVIN	8.94	5
2	2	Wales Schools B	Stacey COLLINS	9.08	3
5	3	Scotland Schools A	Emma BROWN	9.14	2
1	4	Wales Schools A	Katie LEWIS	9.15	
4	5	Ireland Schools B	Lilly-Ann O'HORA	9.30	
7	6	Welsh Dragons A	Kimberley DAVIES	9.64	1
6	7	Scotland Schools B	Charis MAIR	9.68	
8	8	Welsh Dragons B	Gemma SEAMAN	10.71	

U17 Record Wales 1.47.82 2009

Celtic Schools Record Ireland 1.42.26 2009

**T37 Schools U16 Women 4 x 200m Relay 15:30**

Bib	Pos	Country	Name	Perf.	Points
5	1	Scotland Schools A	GEORGE, BROWN, ROSS, LAMBERT	1:43.97	5
3	2	Ireland Schools A	MOYNIHAN, O'HORA, MURRAY, LAVIN	1:44.88	3
1	3	Wales Schools A	JONES, O'CONNOR, ROWLAND, BOWEN	1:47.93	2
7	4	Welsh Dragons A	JEFFREYS, PALLA, THOMAS, PHILLIPS	1:50.51	1